



Check us out on the web at www.shelbyckd.com or call us at
(586) 566 - 8883

Schedule of Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					11:00am-11:50 Family Class All ranks & Ages
5:00-5:50 Kid's Class ages 3-12	5:00-5:50 BrainGym/CKD ages 5-12	5:00-5:50 Kid's Class ages 3-12	5:00-5:50 BrainGym/CKD ages 5-12	5:00-5:50 Kid's Class ages 3-12	12:00-12:50 Advance Class Blue Belt and up All Ages
6:00-6:50 Family Class All ranks & Ages	6:00-6:50 Family Class All ranks & Ages	6:00-6:50 Family Class All ranks & Ages	6:00-6:50 Family Class All ranks & Ages	6:00-6:50 Family Class All ranks & Ages	
	7:00-7:50 Advance Class Blue Belt and up All Ages	7:00-8:00 Adults Aikido Ages 14+		7:00-8:00 Adults Aikido Ages 14+	
		8:00-9:00 Zumba w/ Deanna			

Please arrive to class 5-10 minutes early for class preparations.
Please wear your **FULL UNIFORM** in class, T-shirts are allowed as long
as they are official Shelby Martial Arts Academy Gear.

Remember to bring your safety equipment to every class. If you do not
have your own safety equipment, please see an instructor to purchase your
own equipment.

Effective July 1st 2015